

**ETOWAH PARKS AND RECREATION
DEPARTMENT**



2010 ATHLETIC RULES AND POLICIES

YOUTH BASKETBALL RULES

These Athletic Rules and Policies are approved by the Etowah Parks and Recreation Advisory Board. They are in effect for the 2010-2011 Sport Season.

ANTI-DISCRIMINATION STATEMENT

"As a recipient of Federal financial assistance, the Etowah Parks and Recreation Department's programs and activities are open to all persons regardless of race, sex, religion, color, national origin, age or handicap

YOUTH BASKETBALL RULES

PURPOSE The Etowah Parks & Recreation Youth Basketball Program is organized to provide a recreational activity for boys and girls ages 4-12. The program is designed for the following purposes:

1. To aid in the physical development through fun and exercise.
2. To teach the basic fundamental skills of the game of basketball.
3. To aid in the social development through good sportsmanship and moral character with adult guidance.
4. To teach good attitudes and discipline to our youth participants.

1.0 GOVERNING RULES – Tennessee High School League rules will govern play with the exceptions covered herein. New rule changes for 2010-11 are typed in blue font.

1.1 PLAYER ELIGIBILITY

A. League and Age Requirements – Players' ages will be determined by their age as of September 1st of the current year.

Age Categories

- Training League - ages 4 to 6
- Junior Varsity League - ages 7 to 9
- Varsity League - ages 10 to 13

- B. Any youth basketball player or coach suspended from any Etowah Community Center will be ineligible to participate during the suspension period.
- C. Late Registration will be allowed with an additional \$5 late fee assessed to each registrant. No new registrations will be accepted within one week prior to the start of the regular season with the exception of new residents. All late registrants will be placed on teams as rosters spots allow. If no roster spots are available late registrants will be placed on a waiting list.

1.2 TEAMS

- A. Number of Players – Each team league will consist of a maximum of 10 players per team. One head coach, one assistant coach.
- B. Number of Coaches – There will be a limit of two coaches per team, one head coach and one assistant coach.

1.3 Coaching Requirements

1. A person of high moral character who is a respected member of the community.
2. A coach should have a basic knowledge and understanding of the fundamentals of basketball.

3. A coach should never incite their players or parents by criticizing an official.
4. A coach should never use profanity, drink alcoholic beverages, smoke, or use tobacco in any form during any activity.
5. A coach should never be overly concerned with winning, but more concerned that each child on the team has fun and learns the fundamentals while participating.
6. A coach is expected to be present at all practice sessions, games, and meetings; or have an approved coach present.
7. A coach should try to the best of their ability to keep each player (especially the weaker players) interested and participating throughout the season.
8. Each coach must submit to a background check conducted by the Etowah Parks & Recreation office.

1.4 SCHEDULES

- A. Number of Games – Games will be played in accordance with the schedule set by the Parks and Recreation Department. All leagues will play as close to ten games as possible.
- B. Practice – Teams are limited to two 1-hour practice sessions within a calendar week before the first regular game. One 1-hour session per week will be permitted after the season starts if gym space is available. Practices are not permitted on the same day as scheduled games, unless the game was postponed on that day. If possible during school nights the Training League players are to practice no later than 7:00 p.m., the Junior Varsity League no later than 8:00 p.m. and Varsity no later than 9:00 p.m.
- C. Sundays- No Sunday practices will be permitted.

Etowah Youth Basketball

Varsity Boys & Girls

1. Basketball size:
 - Girls 28.5”
 - Boys 29.5”
2. A game will consist of four (4) eight (8) minute quarters
3. Overtimes will last 2 minutes and follow 4th quarter rules
4. The basketball rim will be set at 10’
5. Three (3) point shots are allowed.
6. Two (2) referees per game
7. 4 timeouts per game per team.
8. No changing players in 1st and 2nd quarters unless player is sick or injured.
9. Injured player can go back in, only in the quarter the player was injured in.
10. Opposing coach picks the difference for the 2nd quarter.
11. The clock stops for timeouts, injuries and fouls in first three (3) quarters, every whistle in the fourth (4th) quarter.
12. Five (5) fouls per player per game
13. Seven (7) team fouls results in 1&1 shot per half, Ten (10) team fouls results in two (2) shots per half.
14. Player Technical 1st offence is 2 shots, 2nd offence 2 shots and player is out of the game and will miss the next game.
15. Coach Technical 1st offence is 2 shots, 2nd offence 2 shots and the coach is out of the game and will miss the next game.
16. Half court is the press line, 1 warning per half, then 1 shot technical.
17. Full court press is allowed only in the 4th quarter, no press is allowed if up by 10 points.
18. On free through shots the ball must hit the rim before a player can move.
19. Coaches must stay in the coaches box at all times, only two (2) coaches are allowed on the bench during the game.
20. Eight (8) point max in the second (2nd) quarter.
21. Players arriving late are eligible to play the second (2nd) half only if other coach agrees.

Etowah Youth Basketball

Junior Varsity Boys & Girls

1. Basketball size 28.5”
2. A game will consist of four (4) six (6) minute quarters
3. Overtimes will last 2 minutes and follow 4th quarter rules
4. The basketball rim will be set at 9’
5. Three (3) point shots are allowed.
6. Two (2) referees per game
7. 4 timeouts per game per team.
8. No changing players in 1st and 2nd quarters unless player is sick or injured.
9. During the first half an injured player can go back in, only in the quarter the player was injured in.
10. Opposing coach picks the difference for the 2nd quarter players.
11. The clock stops for timeouts, injuries and fouls in first three (3) quarters, every whistle in the last two (2) minutes of the fourth (4th) quarter.
12. Five (5) fouls per player per game
13. Seven (7) team fouls results in 1&1 shot per half, Ten (10) team fouls results in two (2) shots per half.
14. Player Technical 1st offence is 2 shots, 2nd offence 2 shots and player is out of the game and will miss the next game.
15. Coach Technical 1st offence is 2 shots, 2nd offence 2 shots and the coach is out of the game and will miss the next game.
16. Half court is the press line, 1 warning per half, then 1 shot technical.
17. Full court press is allowed only in the final three (3) minutes of the fourth (4th) quarter, no press is allowed if up by 10 points.
18. On free through shots the ball must hit the rim before a player can move.
19. Coaches must stay in the coaches box at all times, only two (2) coaches are allowed on the bench during the game.
20. Six (6) point max in the second (2nd) quarter,
21. Players arriving late are eligible to play the second (2nd) half only if other coach agrees.

Etowah Youth Basketball

Instructional League Boys & Girls

1. Basketball size 27.5”
2. A game will consist of four (4) four (4) minute quarters
3. The basketball rim will be set at 8’
4. **Three (3) point shots are not allowed.**
5. One (1) referees per game
6. 4 timeouts per game per team.
7. The second (2nd) quarter is for less experienced players, referee will call the game accordingly.
8. If starters are forced to play during the 2nd quarter they may not score.
9. Opposing coach picks the difference for the 2nd quarter players.
10. The clock stops for timeouts, injuries and fouls.
11. Five (5) fouls per player per game
12. Seven (7) team fouls results in 1&1 shot per half, Ten (10) team fouls results in two (2) shots per half.
13. Player Technical 1st offence is 2 shots, 2nd offence 2 shots and player is out of the game and will miss the next game.
14. Coach Technical 1st offence is 2 shots, 2nd offence 2 shots and the coach is out of the game and will miss the next game.
15. The three point line is the press line, 1 warning per half, then 1 shot technical.
16. Full court press is not allowed.
17. On free through shots the ball must hit the rim before a player can move.
18. Coaches must stay in the coaches box at all times, only two (2) coaches are allowed on the bench during the game.
19. **Score will not be kept in the Instructional League.**
20. Players arriving late are eligible to play the second (2nd) half only if other coach agrees.